

On approval of the Rules and frequency of medical examinations of law enforcement officers and military personnel of internal affairs bodies in military medical (medical) divisions (organizations) of internal affairs bodies of the Republic of Kazakhstan

## Unofficial translation

Order of the Minister of Internal Affairs of the Republic of Kazakhstan dated November 16, 2020 № 780. Registered in the Ministry of Justice of the Republic of Kazakhstan on November 21, 2020 № 21665.

## Unofficial translation

In accordance with subparagraph 12) of paragraph 1 of Article 11 of the Code of the Republic of Kazakhstan dated July 7, 2020 "On people's health and health care system", **I HEREBY ORDER**:

- 1. To approve the attached Rules and frequency of medical examinations of law enforcement officers and military personnel of the internal affairs bodies in military medical (medical) divisions (organizations) of the internal affairs bodies of the Republic of Kazakhstan
- 2. The Department of logistics of the Ministry of Internal Affairs of the Republic of Kazakhstan, in the manner established by the legislation of the Republic of Kazakhstan, to ensure:
  - 1) state registration of this order in the Ministry of Justice of the Republic of Kazakhstan;
- 2) posting this order on the Internet resource of the Ministry of Internal Affairs of the Republic of Kazakhstan;
- 3) within ten working days after the state registration of this order in the Ministry of Justice of the Republic of Kazakhstan, submission of information to the Legal Department of the Ministry of Internal Affairs of the Republic of Kazakhstan on implementation of the measures provided for in subparagraphs 1) and 2) of this paragraph.
- 3. The Head of the Office of the Ministry of Internal Affairs of the Republic of Kazakhstan and the Department of logistics of the Ministry of Internal Affairs of the Republic of Kazakhstan (Sultanbayev K.A.) are authorized to control the execution of this order.
- 4. This order comes into effect upon the expiration of ten calendar days after the day of its first official publication.

Minister of internal affairs of the Republic of Kazakhstan

Ye. Turgumbayev

"AGREED"

General prosecutor office of the Republic of Kazakhstan

"AGREED"

Ministry of health of the
Republic of Kazakhstan
"AGREED"

Ministry of finance of the
Republic of Kazakhstan
"AGREED"

Agency for countering corruption
(Anti-corruption service) of the
Republic of Kazakhstan

Approved
by the order of the
Minister of internal affairs of the
Republic of Kazakhstan
dated November 16, 2020 № 780

Rules and frequency of medical examinations of law enforcement officers and military personnel of internal affairs bodies in military medical (medical) divisions (organizations) of internal affairs bodies of the Republic of Kazakhstan Chapter 1. General provisions

1. These Rules and the frequency of medical examinations of law enforcement officers and military personnel of internal affairs bodies in military medical (medical) units (organizations) of internal affairs bodies of the Republic of Kazakhstan are developed in accordance with subparagraph 12 of paragraph 1 of Article 11 of the Code of the Republic of Kazakhstan "On people's health and the healthcare system" (hereinafter referred to as the Code) and determine the procedure for conducting medical examinations of law enforcement officers and military personnel of internal affairs bodies, with the exception of certain categories of persons specified in paragraph 2 of the Rules for medical and sanatorium-resort services for employees and members of their families living with them, pensioners of law enforcement agencies, as well as children of employees who died in the line of duty, before they reach the age of majority, in the relevant state healthcare organizations approved by the resolution of the Government of the Republic of Kazakhstan dated 18.02.2016 № 78.

Military personnel of internal affairs bodies include military personnel of the National Guard of the Republic of Kazakhstan and military investigative bodies.

Footnote. Paragraph 1 - as amended by the order of the Minister of Internal Affairs of the Republic of Kazakhstan dated 13.06.2023 № 480 (shall be enforced upon expiration of ten calendar days after the day of its first official publication).

2. The following basic concepts are used in these Rules: 1) periodic medical examinations - compulsory medical examinations, which are carried out in order to ensure dynamic monitoring of the state of health, timely identification of the initial signs of diseases, prevention and non-proliferation of general, occupational, infectious and parasitic diseases;

- 2) dynamic observation systematic observation of the patient's health, as well as the provision of the necessary medical care based on the results of this observation;
- 3) screening studies a complex of medical examination of a population that does not have clinical symptoms and complaints, in order to identify and prevent the development of various diseases at an early stage, as well as risk factors for their occurrence.

## Chapter 2. Procedure and frequency of medical examinations of law enforcement officers and military personnel of internal affairs bodies in military medical (medical) divisions (organizations) of internal affairs bodies of the Republic of Kazakhstan

- 3. In the medical organizations of the internal affairs bodies of the Republic of Kazakhstan (hereinafter the medical organizations of the Internal Affairs Directorate), periodic medical examinations (hereinafter medical examinations) are carried out for law enforcement officers and military personnel of the internal affairs bodies (hereinafter the employees).
- 4. Family members of law enforcement officers and retirees of law enforcement agencies are screened within the guaranteed volume of free medical care and in the system of compulsory social health insurance in healthcare organizations providing primary health care at the place of residence, in accordance with the approved procedure of the authorized body in the field of healthcare in accordance with the competence provided for in paragraphs 1, 2 of Article 87 of the Code.
- 5. Medical organizations of the Internal Affairs Directorate annually, until December 15 of the current year, from the personnel services of law enforcement bodies, the National Guard (hereinafter personnel services) request a list of employees and their family members by divisions, which indicate: last name, first name, patronymic of the employee (family members), year of birth, position (place of work of family members), special (military) rank, home address, contact numbers.
- 6. In accordance with the lists received from the personnel services in the medical organizations of the Internal Affairs Directorate, a schedule of medical examination of employees by divisions is drawn up (from January to November next year). Schedules of medical examination of employees subject to medical examination in the state institution "Central hospital with a polyclinic of the Ministry of Internal Affairs of the Republic of Kazakhstan" are approved by the Deputy Minister of Internal Affairs of the Republic of Kazakhstan. The schedules of employees of territorial divisions are approved by the heads of the police departments of the capital, cities of republican significance and regions (hereinafter referred to as police departments). The approved schedules are sent to the heads of divisions of the law enforcement bodies, who ensure the timely passage of medical examinations by employees.
- 7. All law enforcement officers and servicemen of internal affairs bodies are subject to medical examinations. During a calendar year, employees who have passed a military medical

commission in the current year and who have been recognized as fit for further service are not subject to medical examination. The conclusions (certificates) of the military medical commissions are entered into the outpatient's medical record.

- 8. Features of medical examinations:
- 1) employees undergo a medical examination according to the approved schedule and complete it within 5 working days;
- 2) a medical examination of employees stationed outside the regional center, including remote areas, is carried out by mobile medical teams of medical organizations of the Internal Affairs Directorate;
- 3) for the period of passing the medical examination, a sheet (certificate) of temporary disability is not issued to employees;
- 4) employees whose work is associated with harmful working conditions undergo a medical examination with the drawing up of a final act with the involvement of specialists from the structural divisions of the internal affairs bodies operating in the field of sanitary and epidemiological well-being.
- 9. Organization of work and control of medical examinations by mobile teams of medical organizations of the Internal Affairs Directorate is carried out by medical divisions (groups) of police departments.
- 10. Medical organizations of the Internal Affairs Directorate, when drawing up a budget application, provide for the costs associated with the conduct of medical examinations by mobile teams (costs of fuel and lubricants for vehicles, travel costs of mobile teams).
- 11. When making a conclusion of medical examinations, the specialists of the mobile teams take into account the results (conclusions) of laboratory and diagnostic studies of other medical organizations licensed to carry out medical activities.
  - 12. To carry out a medical examination, the following measures are taken:
  - 1) collection of anamnestic data;
- 2) conduct of anthropometric measurements (weight, height, waist), calculating body mass index;
- 3) double measurement of blood pressure (hereinafter referred to as BP) with an interval of 1-2 minutes in a sitting position (before measuring blood pressure, an employee must sit for 3-5 minutes);
- 4) examination of visible mucous membranes: conjunctiva of the eyes, oral cavity, pharynx;
  - 5) examination and palpation of the thyroid gland area;
  - 6) palpation of peripheral lymph nodes: submandibular, inguinal, axillary;
  - 7) examination of the respiratory system (percussion, auscultation of the lungs);
- 8) examination of the circulatory system (examination, determination of the boundaries of the heart, auscultation of the heart), determination of the frequency, filling, pulse rhythm;
  - 9) examination of the digestive system (palpation of the abdominal organs);

- 10) conduct of laboratory diagnostic studies a clinical detailed blood test, general urine analysis (with microscopy), determination of blood glucose, blood for microreaction, biochemical blood test (total protein, total bilirubin, direct and indirect bilirubin, alanine aminotransferase (ALT), aspartate aminotransferase (AST), total cholesterol, triglycerides, creatinine, urea, uric acid), fluorography (X-ray) of the chest organs, electrocardiography, measurement of intraocular pressure (from 40 years), determination of visual acuity, digital rectal exam, cytological examination of a smear from cervix for women (from 30 years old), mammography for women from 40 years old (once every 2 years);
- 11) examination by specialist doctors: surgeon, ophthalmologist, otolaryngologist, dermatovenerologist, dentist, gynecologist (women), neuropathologist, psychiatrist and general practitioner (general practitioner).

According to the indications, additional diagnostic studies and examinations of profile specialists are carried out.

- 13. To carry out additional laboratory and diagnostic tests that are not carried out in the medical organizations of the Internal Affairs Directorate, employees are sent to the health care organizations that provide primary health care at the place of residence.
- 14. Doctors-specialists enter the data of the medical examination into the medical record of an outpatient patient, the form of which is approved by the authorized body in the field of healthcare in accordance with the competence provided for in paragraph 31) of Article 7 of the Code.
- 15. Upon completion of the medical examination, the general practitioner (general practitioner), taking into account the conclusion of profile specialists and laboratory diagnostic studies, determines the following health groups:
- 1) group 1A healthy people without risk factors: persons who do not have any complaints and who have no chronic diseases, risk factors or dysfunctions of certain organs and systems in the records and during the examination;
- 2) group 1B healthy people with risk factors: persons with identified risk factors, borderline conditions, who need observation (persons who have minor deviations from the established normal limits in blood pressure and other physiological characteristics that do not affect the functional activity of the body);
- 3) group 2 practically healthy people: persons with a record of acute and chronic disease without exacerbations during the last 2 years;
  - 4) group 3 patients: persons who need dynamic observation, treatment and rehabilitation.
- 16. Persons of 1A, 1B and 2 groups are examined once a year during the period of compulsory medical examination.
- 17. Persons of the 3rd group are subject to registration and dynamic observation, followed by a complex of therapeutic and prophylactic measures aimed at restoring, improving and strengthening health.

- 18. The list of chronic diseases subject to dynamic observation is approved by the authorized body in the field of healthcare in accordance with the competence provided for in paragraph 2 of Article 88 of the Code.
- 19. Dynamic monitoring of patients with chronic diseases is carried out within the guaranteed volume of free medical care and in the system of compulsory social health insurance.
- 20. Dynamic observation of patients with chronic diseases, the frequency and timing of observation, the mandatory minimum and frequency of diagnostic tests are carried out in accordance with the Rules for provision of medical care to persons with chronic diseases, approved by the authorized body in the field of healthcare in accordance with the competence provided for in paragraph 3 of Article 88 of the Code.
- 21. The indicators of dynamic observation are calculated according to the methodology for the formation (calculation) of indicators in the field of health care, approved by the authorized body in the field of healthcare in accordance with the competence provided for in paragraph 61) of Article 7 of the Code.
- 22. The list of employees who did not appear on time for a medical examination is brought to the attention of the heads of law enforcement bodies to ensure the appearance of these employees for a medical examination.

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